

# Energetic Wellness Services

## *Appointments with Dr. Michele Menzel*

Initial .....	\$295
Initial Cancer.....	395
Phone Consult .....	100
Follow-Up .....	125
Long Follow-Up.....	175
Child Follow-Up (12 & Under) .....	95
Pregnancy Follow-Up.....	75
Acute Care.....	55
Emotox.....	125
Emotional CPR.....	125
Laser Treatment.....	25
German New Medicine® Consult.....	125

## *Counseling with Joanna Lambert*

Initial .....	125
Follow-Up .....	85

## *Spa Therapies*

Infrared Sauna – <i>Single</i> .....	30
Infrared Sauna – <i>10x Package</i> .....	200
Footbath – <i>Single</i> .....	35
Footbath – <i>10x Package</i> .....	225
Vitamin D-Lite Tanning – <i>Single</i> .....	7
Vitamin D-Lite Tanning – <i>12x Package</i> .....	65

## *Esthetician Services*

Healthy Skin Facial.....	65
O <sub>2</sub> Upgrade .....	85
Simply Clean Facial.....	55
Microdermabrasion.....	85
Ultimate Skin Treatment.....	125
Full Body Scrub.....	95
Back Scrub.....	45
Brow Tint .....	20
Waxing	
Lip .....	10
Brow .....	15
Chin .....	10
Full Face .....	45
Underarm.....	25
Full Leg.....	90
Half Leg.....	45
Bikini.....	35 & Up
Back.....	60 & Up

# Energetic Wellness Services *Continued*

## Massage Therapy

Raindrop .....	\$75
Vibrational Raindrop .....	95
30-min Swedish or Deep Tissue.....	45
60-min Swedish or Deep Tissue.....	60
90-min Swedish or Deep Tissue.....	115

## Movement Studio

### Yoga and Fitness Classes

Drop-in .....	15
Pack of 4 Classes.....	48
High School/College Pack of 4 .....	24
Child Pack of 4.....	24
Monthly Unlimited Classes.....	125
Active Patient Monthly Unlimited.....	100
Senior Monthly Unlimited.....	95

### Strength Training

Group Session Drop-in 1st Time .....	15
Group Session Drop-in .....	25
Monthly Unlimited Group Session.....	150
<i>Includes one sauna per week</i>	
Personal Strength Training Session .....	65



## Energetic Wellness

*creating energy for balanced living*

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